

A program of The New Jersey Health Care Quality Institute's Mayors Wellness Campaign*

In honor of National Healthcare Decisions Day (April 16)

COYL task forces across the state are planning community events throughout April...

Please join us at Bergen County's COYL signing events, featuring local community leaders and task force members from legal, medical, practical, emotional, ethical, or spiritual aspects of advance care planning who will guide you on how to approach family, friends, caregivers, and doctors to start the conversation about what you value in life.

These events are FREE.

Open to adults of all ages.

Please invite neighbors, friends and family.

"Just Do It: Planning for a Good Life and Death"

Shana Siegel, Esq., Norris McLaughlin - NJ Life Care Planning Law Firm Shari Haber, Death Prep/Care Personalization Consultant, Great Goodbyes *Light Supper*

Personal Stories: Sue Breithaupt, LCSW, Valley Community Health Department
Five Wishes: Judith Migliaccio, Paramus Health Officer
Assemblywoman Holly Schepisi; Ridgewood Mayor Ramon Hache & Health Officer Dawn Cetrulo

Q&A/Dessert

Thursday, April 4th from 4:30 - 6:30
Berkeley College, Rm.124 (Main Building), 64 East Midland Avenue, Paramus, NJ 07652 (<u>Directions</u>)

"Important Things You Want Your Loved Ones to Know"

Lisa Blumer, Hospice RN, Holy Name Medical Center Tracey Arnauer, SW, Administrator, Villa Marie Claire Lunch

Personal Stories: Naomi McDermott, LCSW, Director of Social Services, Jewish Home of Rockleigh Five Wishes: Bob & Leslie Greenberg, Founding Director, Senior Source

Q&A/Dessert

Friday, April 5th from 1:30 – 3:30

Senior Source at 310 Riverside Square Mall – The Shops at Riverside, Hackensack, NJ 07601 (Directions)

Register: Click button below (or) at www.northjerseyvillages.org (or) Kathy at 201-888-7736.

Register

^{*} The COYL goal is to encourage more individuals in New Jersey to engage in fruitful dialogue – the Conversation of Your Life – to let friends, family, or doctors understand and respect end-of-life wishes through advance care planning. COYL is generously supported by The Horizon Foundation for New Jersey. To learn more visit: www.njhcqi.org/COYL



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Bergen County COYL Task Force & North Jersey Villages





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